

Local support for people with dementia

[Alzheimer's Society](#)

Please meet our three Kingston-based dementia advisors: Rachel, Joanna and Leila.



We provide personal information, guidance and support on all aspects of living with dementia in Kingston.

Please contact us by phone or email, we are here to help. The service is free and there is no waiting list.

We run monthly peer support groups (both in person and online) which provide the opportunity for carers to meet with others affected by dementia, to ask questions, get information and share experiences in a safe and supportive environment.

We also run Carers Information and Support Programmes, which are a series of workshops to improve knowledge, skills and understanding for those caring for a person with dementia, in a friendly and confidential environment.

For more information on any of the above please contact us on the details below:

Telephone: 0207 423 5115

Email: Kingstonoffice@alzheimers.org.uk

Website: www.alzheimers.org.uk